RESOURCES FOR ROANOKE AND THE SURROUNDING AREA

**COOK COUNSELING CENTER**
The Cook Counseling Center (CCC) provides individual, group counseling, crisis intervention, psychiatric care, and referral to qualified community practitioners. CCC offers workshops and outreach presentations to the campus community on a variety of topics, including stress management, relaxation skills training, and study skills assistance. Business hours are Monday through Friday from 8 AM-5 PM. **Emergency services are available after regular office hours by calling (540) 231-6557.** More information can be found by visiting our website at: www.ucc.vt.edu

Other area resources are available to assist with a variety of issues, including:

**CRISIS / MENTAL HEALTH EMERGENCY**
Blue Ridge Behavioral Access Center (540) 343-3007
Blue ridge Behavioral Healthcare Crisis Services (540) 981-9351
Cook Counseling Center (540) 231-6557

**CRISIS HOTLINES**
Adult Protective Services (888) 832-3858
Child Abuse and Neglect Hotline (800) 244-5373
Child Protective Services (800) 552-7096
Domestic Violence Hotline (800) 838-8238
Poison Control (800) 222-1222
Respond-LewisGale Medical Center (540) 776-1100
Sexual Assault Response & Awareness - SARA, Suicide Hotline (540) 981-9352

**HEALTH DEPARTMENT**
Roanoke City Health Department (540) 283 5050
Roanoke County/Salem Health Department (540) 387-5530
Roanoke County/Vinton Health Department (540) 857-7800

**HOSPITALS**
Bradley Free Clinic (540) 344-5156
Carilion Clinic (540) 981-7900
Carilion Connect (540) 981-8181
Carilion Roanoke Community Hospital (540) 985-8000
Carilion Roanoke Memorial Hospital (540) 981-7000
Lewis-Gale Medical Center (540) 776-4000
Veterans Affairs Medical Center (540) 982-2463

**IMMIGRATION**
Citizen & Immigration Services (800) 375-5283
Literacy Volunteers of America (540) 265-9339
Refugee & Immigration Services (540) 342-7561

**LOCAL RESOURCES**
Partnership for Prescription Assistance (888) 477-2669
Planned Parenthood (540) 562-2370
Project Access (540) 344-4200
Rescue Mission (540) 777-7671
Roanoke Valley Interfaith Hospitality Network (540) 343-9982
RESOURCES FOR ROANOKE AND THE SURROUNDING AREA

MENTAL HEALTH
Advanced Psychiatric Services  (540) 772-1974
Avenues to Recovery  (540)344-3400
Bethany Hall Recovery Home for Women  (540)343-4261
Blue Ridge Behavioral Healthcare  (540)266-9200 / (540)345-9841
Carilion Clinic Psychiatry & Behavioral Medicine  (540) 981-8025
Comprehensive Counseling Services  (540)343-0004
Drop-In Center Testing and Resources  (540)982-2437
East Mental Health  (540) 777-3935
Emotional Health Stabilization - EHS  (540)793-4678
Family Preservation Services  (540)344-7048
Mental Health America of Roanoke Valley  (540)344-0931
Mountain Psychiatry LLC  (540) 728-1570
New Horizons Health Care  (540)362-0360
Partnership for Prescription Assistance  (888)477-2669
Roanoke League of Therapists  (540)343-3577
The Center 4U  (540) 387-3105
Turning Point Domestic Violence Shelter  (540)345-0400

POLICE
Police Department - City of Roanoke  (540)853-2212
Police Department - City of Salem  (540)375-3010
Police Department - Roanoke County  (540)562-3265

TRANSPORTATION
Smart-Way Commuter Bus  (540) 982-6622
United Ambulance Services  (540) 981-0400
Valley Metro Bus  (540)982-2222

VETERANS
American Red Cross  (540)985-3535
Armed Forces Emergency Services - AFES  (877)272-7337
Veterans Outreach Center  (540) 342-9726
US Department of Veterans Affairs  (540) 597-1730 / (800) 827-1000

VIRGINIA 2-1-1 Get Connected. Get Answers.  Dial 211 or visit www.211virginia.org
Free and confidential information and referrals for:
Community Services  Physical & Mental Health Resources
Disaster Recovery  Service Providers
Domestic Violence Programs  Substance Abuse
English as a Second Language  Suicide Prevention
Legal Assistance  Work Initiatives